



## **Agenda+Notes**

### **Education Committee**

*The goal of the Education Committee is to continually improve the content and process of CHW education in KS.*

**Education Committee Co-Chairs:** Barb Wiman & Marixendra Alvarez

Date: Tuesday, December 12, 2023 • Time: 10:00 am – 11:00 am

- **Welcome & Introductions**

- Megan Betts, Barb Wiman, Jamie Perales Puchalt, Crystal Rodriquez, Danielle Brazelton, Erin Martinez, Sarahy Soriano, Debra Cooper, Katrina Caide-Schneweis, Vicky Ortiz, Birgit Lemke, Dynasty Avila, Hannayd Ruiz, Roger Barnhart, Diana Lady, Elaine Johannes

- **Discussion:**

- **Jaime Perales Puchalt, PhD, MPH Director of the Latino Brain Health Lab, Assistant Director of KU Alzheimer's Disease Research Center to share briefly about his amazing project and about future trainings for CHWS on Alzheimer's**
  - CuidaText
  - Dementia has a devastating impact for caregivers-physical, psychological (more depression and anxiety disorders) and financial
  - The prevalence of dementia is higher among Latinos vs. Non Latino-White
  - Large Latino population in Kansas
  - Kansas has 2 of the highest Alzheimer's prevalence counties among Latinos in the US- Haskell and

- Several interventions exist to improve the lives of families with dementia but exclude Latinos
- **Barriers**
  - Time constraints
  - Unreliable transportation
  - High cost
  - Cultural barriers
- Text messaging as a solution to caregiver support- provides fidelity, effective, anywhere/anytime, low cost, personalized, private, and highly engaged
- Latinos are the highest users of text messaging vs NL White and NL Black
- **Development of CuidaTEXT**
  - Daily text message
  - Keyword-driven messages (exp: stress)
  - Live chat text messaging (ask for help)
  - Booklet given at enrollment
  - Topics: Education, caregiver, support, grief, solve, care, and behaviors
- **Evolution of CuidaText**
  - Alianza Latina(NIH-must be Latino, 6monhts)
  - CareTEXT – funded through MARC- 5 Missouri families- do not have to be Latino
  - CuidaTEXT efficacy
  - Do not need health insurance or documentation
- **Training for CHWs and community**
  - Honorable Aging/Envejecimiento Digno
  - Free training
- **Training for PCPs**

- **Questions**

- How long is the CHW training?
  - 1hr-4hr sessions- tailored to the CHW group
- Do you go to the Senior Centers?
  - Yes, I collaborated with them for many years.
- Vicky shared she was apt of Jamie's presentation in Dodge City and was very thankful knowing they are not alone.

- **Updates:**

- **Upcoming CEU offerings (Alissa & Hannayd)**

- Wrapping up, train the trainer

- **Spanish Cohort Updates (Crystal)**

- Everything on track
    - Group divided to review material
    - Goal is upcoming summer if not sooner

- **Mentoring program (Megan)**

- 2 groups
    - Advisory committee members from KDHE put together a survey to gauge interest in a mentorship program
    - Survey results will be discussed at the February advisory committee meeting

- **Current and Upcoming Cohorts**

- CHW textbook expected to come out in January- Spanish translation still being worked on
    - Cohort 15 finished last week
    - Cohort 16 ongoing until next year Feb.
    - Cohort 17 start Nov. 28<sup>th</sup>- in person in Wichita

- Cohort in January evening-
  - Cohort at Topeka Correctional Facility starts in January
  - Train the trainer- starts Tuesday and Thursday, Jan. 25<sup>th</sup> 2-4 pm online and can be done asynchronous
  - Cohort that starts Jan. 22<sup>nd</sup> allows CHW to get KSU credit
- **KDHE Updates** – No new updates
  - **Other updates**
    - Elaine and Crystal are working on the high school course for this summer
    - Crystal has had some connections back from a couple of high schools
    - Elaine: KCHWC has been approved 501c3 status- KCHWC is an official not for profit!
  - **Next steps**
    - Megan will share out Dr. Jaime Perales Puchalt contact information
    - Megan will share with the symposium committee about Dr. Jamie's presentation as an option for a breakout session

#### **Next Committee Meeting Dates**

Meetings are held the 2<sup>nd</sup> Tuesday of every month from 10 am- 11am.

**Tuesday, January 9<sup>th</sup>, 2024    Tuesday, February 13<sup>th</sup>, 2024    Tuesday, March 12<sup>th</sup>, 2024**