

# How to use the book "Cuidémonos": Educator Guide



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## Where did this book come from?



This book was produced after not being able to find a practical tool for families to create an emergency plan in case of a possible deportation.

While there are many resources online and in communities surrounding the rights of immigrant and what to do in case of a detention or deportation, it is still necessary to support our clients/families as they decide on how to protect their belongings and their families.

**It is not our intention to be legal authority on the protection their belongings and families. These materials are only for informative and educational purposes.**



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# Descargo de Responsabilidad

The information contained in this titled material, "Cuidémonos" is destined only to educate and inform. It has been compiled of different sources, in order to increase its general diffusion. The content of this material is not and must not be interpreted as legal counsel. These resources contain general information from a variety of sources and perhaps it may not reflect current legal features, verdicts or agreements. We do not commit ourselves to update the material to reflect subsequent new features, legal or agreements. Under no circumstances will any collaborator\*, agency\* or individual\* involved in the creation, production or delivery of this material is responsible to you or any other person by any indirect, special, incidental damage, or consequential of any type derived from its use.

IN NO CASE THESE BEFORE MENTIONED (\*) WILL BE RESPONSIBLE BY ANY SPECIAL, INDIRECT DAMAGE OR CONSEQUENTIAL RELATED TO THIS MATERIAL, TITLED "CUIDEMONOS".

**It is recommended individuals always consult with an attorney in regards their legal rights and responsibilities.**



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# The Plan is to Be Prepared

Do you have an attorney?

Do you know your rights if you are detained?

If there are rumors about possible immigration raids, what sources do you trust to verify this information?

When new immigration laws or memos are released, what sources do you trust to verify the interpretation of these laws?

If you were to be detained outside of regular business hours, do you know what to do?

If you were to be detained during the weekend, do you know what to do?





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## 3 Steps to Make a Plan

### 1. Communication

It may be very difficult and emotional to talk about the consequences surrounding a possible deportation, but that is not reason enough to avoid the legal, financial and emotional decisions that affects a family.

As an educator, you can help families engage in conversations regarding this need, through individual conversations or larger group settings. Remember to always utilize existing community behavioral health resources - if this is something your clients/families could benefit from.

No matter the language (English or Spanish), we are in an era where access to information may not be enough for families. Information surrounding immigration may be incorrect, biased or preemptive. Let's teach our families how to identify credible news/information sources. Let's let our families decide which sources they wish to trust.



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## 3 Steps to Make a Plan

### 2. Preparation

This material will help document a family's individual plan. It's not necessary to use this book, but it is important to document a plan.

This book contains the following sections:

Family, Home, Finances, Automobiles, Health, Employment, Education, Business

You can help your clients find additional areas of concern they should document such as pensions, life insurance, pending legal situations, debts, etc. There can be long lists of things families must think about. Taking that into consideration, the book only contains 20 pages so to not make this book overwhelming for families, especially during a climate where immigration anxiety is difficult for many families.





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## 3 Step to Make a Plan

### 3. Action

In case of a deportation, a plan will help families minimize risks when having to make unexpected decisions. A deportation can affect many legal, financial and emotional changes in a family, but with a plan in hand the transition may be a bit more manageable.

In case of a deportation, families are put under much stress and many worries. Our intention to help ease stress and worries whenever possible. A plan can help.

**It is important that families create their own plan. Our job as educators is not to make the plan for them. Our job is to help empower families to make their own decisions. If we act on behalf of the families we serve, we may find ourselves in legal and/or permanent decisions that will only affect their family situation.**



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# A Safe Place for Your Plan

However you decide to document a family plan, whether it's this book, 'Cuidémonos' or any other format, please remember this is an important document with sensitive, personal and legal information. Please treat it as such.

Every family will have to decide how and where to store their plan in a safe place. While it is important to find a safe place, remember it is also important to be able to access this information in case of an emergency.

Here are some suggestions for safe guarding your plan:

- ☐ Fire Safety Boxes (\$20 - \$100+)
- ☐ Safety Deposit Box at your local bank (\$20+ per year)
- ☐ Digitally (Drop Box, GeniusScan, email, USB, etc.)
- ☐ Internet Applications
- ☐ Find something that suits you. What is most important is that you feel your information is safe.





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## Additional Resources

Feel free to create your own list of resources.  
Here are some websites that talk about creating a family plan.

[www.AppleSeedNetwork.org](http://www.AppleSeedNetwork.org)

[www.MichiganImmigrant.org](http://www.MichiganImmigrant.org)

[www.UnitedWeDream.org](http://www.UnitedWeDream.org)

[www.Ready.gov/financial-preparedness](http://www.Ready.gov/financial-preparedness)

[www.cuidemonoskc.wordpress.com](http://www.cuidemonoskc.wordpress.com)



# Thank you!

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**[www.cuidemonoskc.wordpress.com](http://www.cuidemonoskc.wordpress.com)**

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For the time being, the book 'Cuidémonos' and website are only available in Spanish.

It is not necessary, but if you must credit the author, please feel free to list the author as: CRC, 2017

