

## **AGENDA**

## Kansas Community Health Worker Symposium Committee

Meeting Date: 2.20.2023 Meeting Time: 10:00 am

**Location:** 

Meeting https://wichitastate.zoom.us/j/99

URL: <u>026519279?pwd=WHdNeGpkS0</u>

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Symposium Committee Directors: Kim Downes, Diana Lady

**Attendees:** Birgit Lemke, Crystal Rodriguez, Kelly Nightengale, Kim Downes, Brenda Medina, Thien Doan, Linda Gibson, Katrina Caide-Schneweis, Emily Brinkman, Lucia Jones, Sasha Bliss, Karen Loranzo,

Patricia Nevarez, Guadalupe Tredway

WSU CEI Support: Alissa Rankin, Diana Lady (Facilitator)

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	Торіс	Discussion
1.	Welcome	Introductions & check-in
2.	2023 Symposium theme	Strengthening CHW in Kansas: Cultivating Health, Healing & Balance to strengthen CHW in Kansas.  Vanessa Lohf confirmed as Emcee
		Diana's role as co-chair will end June 2022
3.	Updates	Have any speakers contacted OR secured as of yet?
		• <u>Denise Smith (Keynote)</u> we will meet with her on 2/23/23
		<ul> <li>Cindy Coughenour - Founder of Fearless and Female, National Speaker we met with her on 2/16/23. Will speak on CHW Safety. Specifically focused on what to do if something goes wrong during a homevisit. Has been confirmed and will presenting.</li> <li>Franchon Francees: We had an initial meeting with her on 2/14/23. Travel is</li> <li>Linda Gibson: We will meet with her on 2/22/23 at 2:00 pm. Working with incarcerated clients/patients.</li> <li>Joy Bishop: We met with her on 2/9/23. She confirmed her attendance at the 2023 KS CHW symposium. She will be driving from Topeka. Will speak on grief and healing.</li> </ul>
4.	Tasks: Diana contacted moderators to support the breakout session:	<ul> <li>Moderators for KS CHW Symposium</li> <li>Matt Thibault - Confirmed</li> <li>Juliet Swedlund (KDHE) - Confirmed</li> <li>Kelly Nightengale (KDHE) - Confirmed</li> <li>Crystal Rodriguez (KDHE) - Confirmed</li> <li>Treva Smith - Confirmed</li> </ul>
		Crystal Updates: Have cards available for bag stuffers.

	OTHER IDEAS	Signs of Stress: https://dmh.mo.gov/media/pdf/covid-19-pandemic-wallet-card Ways to cope with stress: https://store.samhsa.gov/sites/default/files/d7/priv/svp11-0155r.pdf Figure out the layout for the CHW Café. Details:  3-10 participants per table One speaker Local experts and CHWs that will be sharing Spanish-speaking CHWs (bilingual or Spanish) Table tent "Spanish" – Guadalupe's table will be in Spanish List of questions test for knowledge, Share where we are with education for CHWs  Topics Chronic disease—CHWs role related to disease management. How to support clients who have this disease, Ask Guadalupe Self-Management Resource Center (SMRC) C-Suite, Kim (English): would like to set up a table with Guadalupe (Spanish) Update: I contacted Guadalupe, and she is interested to participate Self-Care — will be a breakout presentation Spanish table too Mental Health First Aid — (Spanish) Celia Ruiz (English) — Callie Dyer KDHE Peer Groups — Crystal (Spanish) and Sasha (English) STIs — potential other topic Breastfeeding — Brenda (English) and Jenny (Spanish)
5.	Other Community Updates/Announcements	
	Adjourn	

Next Meeting Date, Place, and Time:
The Symposium Committees are held on the 2<sup>nd</sup> Monday of every month from 10:00a-11:00a. (Virtual Meeting)

Monday, March 20, 2023, 10:00 am - 11:00 am

Current Meeting Agreements				
Who	Will do what	By when?		
Diana & Alissa	Secure English and Spanish resource tables for CHW café	3/20/2023		

Diana	Check with Juliet on continued interest in moderating	3/20/2023
Diana & Alissa	Continue to meet with breakout speakers	3/20/2023