



## AGENDA

**Kansas Community Health Worker Symposium Committee**

<b>Meeting Date:</b> 12.19.2022 <b>Meeting Time:</b> 10:00 am <b>Location:</b> <a href="https://wichitastate.zoom.us/j/94634237814?pwd=YVRvQ0pCZktXVmppQnR0eEhsSTIiQT09">https://wichitastate.zoom.us/j/94634237814?pwd=YVRvQ0pCZktXVmppQnR0eEhsSTIiQT09</a>	<b>Symposium Committee Directors:</b> Kim Downes, Diana Lady  <b>Attendees:</b>  <b>WSU CEI Support:</b> Alissa Rankin, Diana Lady, Neshia Wilson (Facilitator)
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	Topic	Discussion
1.	Welcome	
2.	2023 Symposium theme	<ul style="list-style-type: none"> <li>○ Cultivating Health, Healing &amp; Balance: <i>Strengthening CHW in Kansas</i></li> <li>○ <b>Strengthening CHW in Kansas: Cultivating Health, Healing &amp; Balance</b></li> </ul>
3.	Updates	<p><b>Have any speakers contacted OR secured as of yet?</b></p> <ul style="list-style-type: none"> <li>○ Pre-Symposium ideas: <b>Maternal health</b></li> <li>○ <b>Mental Health First Aid</b></li> <li>○ <b>Linda Gibson</b>- guest speaker on CHWs working with incarceration</li> <li>○ <b>Dana Peterson</b>- Economist who worked for Citi. Studied lost business opportunities and wages from jobs, lost employment, etc. (Amy G)</li> <li>● <b>Amy Dean</b> Amy Dean-Campmire [KDOC] &lt;Amy.Dean@ks.gov&gt; (<b>Lucia</b>). Having CHWs understand the correctional system is important.)</li> <li>● CHCSEK is piloting a prison CHW program, and <b>Jackie</b> has more details, but I think there is one other system in Kansas working</li> <li>● <b>Juliet</b>: started a prison doula program at Topeka Correctional Facility</li> <li>● <b>Diana</b> reached out to get NACHW speaker Denise Octavia Smith.</li> </ul>
4.	Tasks	<p><b>Final Agenda template</b></p> <p><b>Self-care</b> would be in either <b>large group</b> (speaker present and table share? Allow speaker to determine what this could look like—See if <b>Franchon</b> is willing to</p>

travel OR just have **Vanessa** to present locally--Diana) or **breakout**- breakouts would allow for more time to reflect. Being overwhelmed- overstretched

- (To counter this, how can we support, prepare CHWs)
- Set boundaries between clients
- Disconnecting from work
- Set work/life balance
- Validation of the systemic issues—huge economic and racial disparities (this will take time, the “curve”, rising above all else, enduring)

- **Incarceration- (Breakout session)**-- the hope with this is to provide CHWs with education and resources to work with this population in the community) **Linda Gibson** was contacted by Diana and agreed to present a basic overview of working with clients who have been incarcerated and how to reintegrate in society.
- [https://www.youtube.com/watch?v=RZ\\_LGmjdsbsQ](https://www.youtube.com/watch?v=RZ_LGmjdsbsQ) Emile Deweaver (video Crystal suggested to check out)
- <https://impactjustice.org/people/emile-deweaver/>
- **Amy Dean**-- Having CHWs understand the correctional system is important.)

**Jacob Mitts** was contacted—no reply yet (Crystal)

**Dr. Megha Ramaswami** KU Med—no reply yet (Kelly)

- **Mental Health First Aid:** De-escalation/Safety:

**Cindy Coughenour** - Founder of Fearless and Female, National Speaker (Crystal)

Add on: Have these cards available for **bag stuffers** Warning signs for mental health ( pocket card)--**Crystal**

- **Equity lens** Dana Peterson (not CHW, not in public health)- Economist who worked for Citi. Studied lost business opportunities and wages from jobs, lost employment, etc. Talks about the cost and effects of racism across the US (Amy G—will try one last time to reach her)

**Denise Smith (Keynote)**

working against a system, how can we communicate and create self-care while validating the systemic pressures that are hard to navigate

		<p>Figure out the layout for the CHW Café</p> <ul style="list-style-type: none"> <li>• 3-10 participants per table</li> <li>• One speaker</li> <li>• List of questions ( test for knowledge, <ul style="list-style-type: none"> <li>○ Then provide answers</li> <li>○ Share where we are with education for CHWs</li> <li>○ Carceral</li> <li>○ Breast Feeding?</li> <li>○ Chronic disease—CHWs role related to disease management. How to support clients who have this disease, Ask <a href="#">Lainey, Guadalupe</a> <ul style="list-style-type: none"> <li>▪ Self-Management Resource Center (SMRC) C-Suite, <a href="#">Kim:</a> would like to set up a table with <a href="#">Guadalupe</a></li> </ul> </li> </ul> </li> </ul>
	OTHER IDEAS	<p>Keynote: <b>Dana Peterson, Denise Smith, Qiana Thompson, Jerry Jones; men’s health equity (Lucia)</b> (unsure if they can) <b>Paige Meihking</b></p> <p>Breakout ideas:</p> <ul style="list-style-type: none"> <li>• Carceral</li> <li>• Pharmacist who are also CHWs, et al.</li> <li>• <b>Juliet:</b> When Survivors Give Birth training -- provide training or something similar as it relates to working with incarcerated pregnant people</li> </ul> <p>CHW Café:</p> <p><b>HEADSHOTS</b></p> <p><b>FOR BREAKOUTS—we must communicate whether it is multilanguage or not so as not to confuse any participants</b></p>
5.	Other Community Updates/Announcements	<p>Pre-Symposium—Both AM and PM sessions</p> <p>Motivational interviewing New to CHW desire for communication skills (talk to clients around different topics, motivational interviewing, relationship development, soft)</p> <ul style="list-style-type: none"> <li>- Definitely in-person</li> <li>-</li> </ul>
	Adjourn	

**Next Meeting Date, Place, and Time:**

The Symposium Committees are held on the 2<sup>nd</sup> Monday of every month from 10:00a-11:00a.  
(Virtual Meeting)

Monday, January 16, 2023 *(To Be Rescheduled due to MLK Observance)*

**Current Meeting Agreements**

<b>Who</b>	<b>Will do what</b>	<b>By when?</b>
	Neshia to co ask Qiana	