



AGENDA

Kansas Community Health Worker Symposium Committee Goal:		
Meeting Date: 10.18.2022 Meeting Time: 10:00 am Location: https://wichitastate.zoom.us/j/94634237814?pwd=YVRvQ0pCZktXVmppQnR0eEhsSTliQT09	Symposium Committee Co-Chairs: Diana Lady, Kim Downes Attendees: WSU CEI Support: Alissa Rankin, Diana Lady, Neshia Wilson (Facilitator)	
	Topic	Discussion
1.	Welcome	
2.	Old Business	
3.	New Business	<ul style="list-style-type: none"> • Discuss theme ideas <ul style="list-style-type: none"> Focuses: <ul style="list-style-type: none"> ○ Mental wellness ○ Mental health ○ Being overwhelmed- overstretched <ul style="list-style-type: none"> ▪ (To counter this, how can we support, prepare CHWs) ▪ Set boundaries between clients ▪ Disconnecting from work ▪ Set work/life balance ▪ Validation of the systemic issues—huge economic and racial disparities (this will take time, the “curve”, rising above all else, enduring) ▪ Self-care- working against a system, how can we communicate and create self-care while validating the systemic pressures that are hard to navigate (<i>Denise Smith, NACHW could speak about this? Ask is still outstanding to see if she can come June 2023</i>) ▪ Intimidation in the profession- newness, unfamiliarity <ul style="list-style-type: none"> • How can CHWs find wellness, balance

		<ul style="list-style-type: none"> • Remind them of strength without insinuating they need to persevere at the risk of their own health and well-being • The idea “you are not alone”, you are part of something BIG and other CHWs support you. <ul style="list-style-type: none"> ○ Data will show us the narrative to reinforce they are not alone. (we need to find out who is the person to provide data through storytelling) ▪ Health, Healing, Balance” The Strength of CHWs ▪ Unity: Creates Balance ▪ Unity: Create Strength ▪ United We Stand: Healing, Balance, Strength ▪ Connection: tied to mentor program, seeking to connect and meet with other CHWs who are going through similar experiences. Bilingual CHWs mentioned this. ○ Don’t forget the “uncommon voices” ○ New to CHW desire for communication skills (talk to clients around different topics, motivational interviewing, relationship development, soft)
4.	Tasks	<ul style="list-style-type: none"> • Get an update on Pre-Symposium June 14, 2023 (discussion about reimbursement, CHW profession, what is going on with public health and CHWs in general?), motivational interviewing, civic engagement, voter (org that works with med establishments to encourage voter registration and civic engagement), Hot Topic for 2023--TBD • Select topics/theme to share with coalition for vote <ul style="list-style-type: none"> ○ Scout for speakers beginning in

		December
	OTHER IDEAS	<p>Could stress and wellness could be included into the workforce evaluation?</p> <p>Using the CHW Café idea: how to set up boundaries, here are some scenarios (self-care, how to overcome obstacles, provide them resources) create a space for CHWs to converse and share and the SMEs can provide some direction at each table.</p> <ul style="list-style-type: none"> • CHWs need to know about CHW as a career. How to pivot to take their career on a new trajectory. Different setting CHWs could work in: library, school setting, church, clinics, correctional facilities, juvenile detention centers (<i>Linda</i> spoke up on this from Symposium 2022), <i>Susanna Hernandez</i>, taught about barriers and working with clients who were/are incarcerated. <ul style="list-style-type: none"> ▪ Connection: tied to mentor program, seeking to connect and meet with other CHWs who are going through similar experiences. (also consider this idea for panel and CHW Café breakouts) Bilingual CHWs mentioned this. It is important to connect no matter where other CHWs are located across the state. <ul style="list-style-type: none"> • Think too about those who volunteer and those who are compensated for being a CHW • Promotras may require different resources Wyandotte Co jail- working with clients who are patients eligible for cancer screening. How are those people reached, how does a CHW (Mega Ravaswami?)—Kelly <p>Incarcerated woman- maternal health (Juliet developed the program to support these clients)</p> <p>Implicit Bias: https://leaninllc.com/ Jabraan Pasha, MD</p>

		What about inclusivity and using both CHW and Promotoras de Salud (logo/graphic). Other terms are interchangeable.
5.	Other Community Updates/Announcements	
	Adjourn	

Next Meeting Date, Place, and Time:

The Symposium Committees the 2nd Monday of every month from 10:00a-11:00a.
(Virtual Meeting)

Monday, November 14, 2022

Monday, December 19, 2022

Monday, January 16, 2023 (*To Be Rescheduled due to MLK Observance*)

Current Meeting Agreements

Who	Will do what	By when?
Kelly	Wyandotte Co jail- working with clients who are patients eligible for cancer screening. How are those people reached, how does a CHW (Mega Ravaswami?)--Kelly	Ongoing
Neshia	Send list via email: for theme ideas and follow up with Qualtrics thereafter	10/31