



AGENDA

Kansas Community Health Worker Symposium Committee

Goal: Plan and hold a successful annual Kansas Community Health Worker Symposium for Community Health Workers and advocates.

Meeting Date: 09.19.2022

Meeting Time: 10:00 am

Location:

<https://wichitastate.zoom.us/j/94634237814?pwd=YVRvQ0pCZktXVmppQnR0eEhsSTliQT09>

Symposium Committee Co-Chairs: Diana Lady, Kim Downes

Attendees:

WSU CEI Support: Alissa Rankin, Diana Lady, Neshia Wilson (Facilitator)

	Topic	Discussion
1.	Welcome	Theresa Rolen
2.	Old Business	<ul style="list-style-type: none"> ▪ Think about the populations reached overtime---Impact report? Needs assessment data? Would creating some visual aide to show the trend of CHWs in KS. What about a timeline of CHW in KS? How much has changed since CHWs began in KS- Historical context (double check previous notes July/Aug 2022) ▪ What is happening within respective organizations regarding the work that CHWs have done? Self-care (what angle do we want to take?) <ul style="list-style-type: none"> • Warning signs for mental health (pocket card)--Crystal • Ways to render selfcare at home/work- practical to reduce impact of burnout (common (nature, reading, quiet time and uncommon ways- breaks from workspace • Actually using your lunch hour to take a break to recharge rather than working through lunch) • Franchon Frances- Healing your Almond • Suggestions on how to build selfcare in the org work structure. CHWs suggest things to be incorporated to make thing happen: be heard, peer support,

reporting (Ask: **Vanessa Lohf**)

CHWs helping those that have been incarcerated (Sasha's work)— **Dean Jones**, CHW leader- early childhood intervention in youth. Teens are incarcerated daily. Maslow's Hierarchy of Needs (inverse). How teens take this and find ways to negatively fit in hoping for a sense of belonging. How someone can come in and serve as an advocate. **Jacob Mitts**—Coffeerville- would he come back 2023? (Crystal to help)

- Dying of Whiteness- Talks about how politics of racial resentment is killing America's Heartland. <https://www.amazon.com/Dying-Whiteness-Politics-Resentment-Heartland>
<https://www.dyingofwhiteness.com/>
(What about creating tables that have different topics and people can move around to have small discussions?
 - “World Cafe”
mental health first aide, chronic disease, breast feeding, mental health first aide, etc (subjects not quite enough for presentation, but CHWs had the chance to go around the room and learn from one another---this could help with their desire to network).
 - “CHW Café”
Maybe something about programs around the state used to employ CHWs. Share about their programs and what they do. (include subjects above)

- Speaker ideas
 - **Dana Peterson**- Economist who worked for Citi. Studied lost business opportunities and wages from jobs, lost employment, etc. (Amy G)
 - Chief Economist
The Conference Board
Center Leader, Economy, Strategy & Finance
dpeterson@tcb.org
 - **Denise Smith**; she is the director of the National Association for CHW (Diana)
<https://www.aspenhc.org/fellows/denise-smith>

		<ul style="list-style-type: none"> ○ Would like to speak about a specific conversation on what is needed within our state. (Diana will reach out and follow up with Committee in October)
3.	New Business	<p>Theme ideas: Neshia create an email with an ask by date for everyone to contribute theme ideas. Compose a Qualtrics for vote to present in October's meeting.</p> <p>Let's find an ongoing way to include CHWs in the Symposium. Perhaps the World Café/ CHW Café can serve as this opportunity</p> <p>The CoP is also a space where we can hear voices and get ideas/speakers/contribute to speaking</p>
4.	Tasks	<ul style="list-style-type: none"> ● Get an update on Pre-Symposium June 14, 2023 ● Select topics/theme to share with coalition for vote <ul style="list-style-type: none"> ○ Present final topics/theme in October meeting ○ Scout for speakers beginning in December
5.	Other Community Updates/Announcements	
	Adjourn	

Next Meeting Date, Place, and Time:

The Symposium Committees the 2nd Monday of every month from 10:00a-11:00a.
(Virtual Meeting)

Monday, October 17, 2022

Monday, November 14, 2022

Monday, December 19, 2022

Monday, January 16, 2023 (*To Be Rescheduled due to MLK Observance*)

Current Meeting Agreements

Who	Will do what	By when?
Symposium Committee/WSU	Think about how we are going to present in a bilingual fashion. ID speakers who are bilingual? How to we share the message of Spanish only vs English only?	Ongoing
Diana	Contact Denise Smith for speaker opportunity	October
Neshia	Email Committee with ask for theme ideas	September 22 nd