



NOTES

Education Committee

The goal of the Education Committee is to continually improve the content and process of CHW education in KS.

Date: Tuesday, March 24, 2020 • Time: 3:15 pm – 4:15 pm

- ❖ **Members present:** Erika Saleski, Caitlin Allen (Consultant, Mid-America Regional Council), Elaine Johannes, Kathy Hunt, Barb Wiman, Kim Downes, Lucia Jones, Mariah Chrans, Matt Thibault, Payree Short (Ozark Technical College, Missouri), and Alissa Rankin.

- ❖ **Education Discussion**
 - Payree Short from the Ozark Technical College shared on her lessons learned and experiences with implementing an online/face-to-face hybrid CHW educational program. Her presentation materials are included here.
 - Any questions regarding her documents can be forwarded to Alissa or Barb. We will contact her and get back with you as soon as possible.

- ❖ **KDHE Updates**
 - KDHE non-essential staff are on mandatory administrative leave until April 6th. They will rejoin us after that.

- ❖ **Next Steps**

Next Committee Meeting Dates

Tuesday, April 21, 2020
Tuesday, May 19, 2020
Tuesday, June 16, 2020
Tuesday, July 21, 2020
Tuesday, August 18, 2020

Tuesday, September 15, 2020
Tuesday, October 20, 2020
Tuesday, November 17, 2020
Tuesday, December 15, 2020

January 24, 2020

Good afternoon.

My name is Payree Short, and I will be the facilitator for the CHW class you have enrolled in which starts February 5, 2020. I would imagine many are like myself- wondering why I haven't received a letter from the instructor before now. This is my 10th class to facilitate. I would never have imagined I would still be offering this class. This continued class is justification for the need of CHW's to help those needing help navigating the health field and, maybe, their life in general.

As you already know, this is a "flipped" or hybrid class. Some days will be seated, and others will be online. Please check your syllabus on **Canvas** to make sure you are where you need to be. For those who are remote, please don't let the distance issue keep you from participating in class. We love seeing you in person and any time you want to make an extended drive, always know you are welcome!!!! You will receive your books and a packet of paperwork via mail a few days before class starts. If you haven't received your book by Monday, February 3, please email me.

With that being said, I will address both groups separately. Those of you, who are remote, welcome to the OTC campus in Springfield, MO. For many of our rural clients, it is the "big city". In reality, Springfield is still very much rural and many rural clients must come to Springfield for specialist appointments. I believe most of you are aware, but you will need to have **ZOOM** downloaded on your computer and you must have a good camera and microphone in order to participate during class. **I will post the meeting number in the announcement section of CANVAS.** You might like to make note of your meeting number.

Those of you who will be "seated" means you will need directions to the classroom. Class will be held in Lincoln Hall, Suite 144. The class can be a little difficult to find. If you will go the CWD building on campus,(where you enrolled) I will have someone show you the way. I wish I had a magic answer for the "where to park" question, but I don't. Since our class starts at 0900, parking will be a challenge. There is parking; you are just going to have to walk a little bit. Lincoln Hall is located on Sherman Avenue. It is located directly behind Graff Hall. Just a little history, Lincoln Hall aka Lincoln High School was the only high school black students could attend for many years. Seated students will also receive an invitation to join **ZOOM**. There might be an instance where you will not be able to be in class, but you could access from home. This is for your convenience and to keep your attendance in order.

In theory, there should be 8 seated and 8 online. In practice, I believe there are 10 seated and 6 online. I have had the wonderful opportunity to collect a plethora of speakers to come to class. They offer such insight to the many options their agencies can offer. Most have been coming since my first class. When you get your syllabus, you will see there are multiple speakers on those days. I had my doubts, but it works very nicely.

Class Requirements:

- 100 hours of class time
- in addition to 40 hours of externship if you are currently a CHW
- or 60 hours if you are not currently working as a CHW.
- This is a state requirement and I must sign off on these hours. I know this may put a hardship on family time, but once again, this is the state requirement and not mine. We will talk more about this during the first class.
- Develop a mini teaching module for either HTN or DM and teach to 5 people who are currently not in the medical field. More discussion on this in class.

As for the “Class Rules”,

1. Be on time
2. Please extend me the professional courtesy of letting me know you will not be able to be in class and the reason why.
3. If you are attending a job related workshop, etc on a seated day, I need to know that. There should be no reason why you cannot get your online work done and submitted on time as you will have some flexibility in time.
4. If you need to contact me during class time, text me.
5. Please put your phone on vibrate. You may have a client who needs help on a class day. Please help them. Just take the call as much as you can in the hallway.
6. Be courteous to fellow classmates and speakers. Cell phones are included here.
7. Our class is a **SAFE ZONE**. What is shared in class stays in class and no judgment will be made. Please keep an open mind. You may not agree with everything you hear or what the speaker is talking about, but that is a paramount quality of a good CHW...leaving your biases at the door, please.
8. There are a couple of assignments with completion dates. I expect those to be complete by the stated date.
9. Excessive absences will result in a call to your employer to ensure they are aware of your absences. I think it is amazing that employers will give you one day a week to focus on this class. It is a win-win for both employee and employer. This could also affect your certification process.

Disclaimer: It bothers me that I have to have rules for adult learners. But past experiences have led me to make a list adding a few new ones as I go.

Lastly, if you need to contact me, you can email me at shortja@otc.edu ([this will be the email address for all correspondence](#)) or text me at 417-425-9873. This is my personal cell. Please be considerate of my private number. Keep in mind when you text, you will need to introduce yourself to me the first time. Your number stays in my address book forever, unless you tell me otherwise. You can't imagine how many texts I have sent to previous students for information. So the number is a 2 way street. When in class, I can't be close to the desk phone. Once class starts, I don't check emails or the chat box. I am away from the computer.

Gee I am worn out. Let's get class started, make new friends and extend our networking capabilities. Let's share previous experiences to help our fellow classmates help their client. Let's have some fun. WE can laugh, and if we needed, we can cry together. Let's be a support system to ourselves, so we can be the best support system to our clients.....

PLEASE RESPOND TO THIS EMAIL. THIS ALLOWS ME TO KNOW THAT I HAVE THE RIGHT EMAIL ADDRESS FOR ALL IN CLASS.

Payree...

COMMUNITY HEALTHCARE WORKER WDH-099
CALENDAR / ASSIGNMENTS – Spring 2020

Date	Seated/ Online	Topic	Text	Due Dates/Assignments	Guest Speaker Suggestions
02/05	Seated	Begin the Journey...Connect with Your Resources!	1,2	Syllabus, CHW Characteristics, strengths, time management	PowerPoint Support groups such as AA, NA, Al Anon, NAMI – Make sure the meeting is OPEN.
02/12	Online	Intro to the Profession UNIT 1 MODULE	(Rev. 1,2) 3,4,5	DUE DATE 02-14-2020	
02/19	Seated	Intro to Public Health & Promoting Health Equality, Health policy		Teaching Module	Legal Aid 0930 – Sharon Alexander Child Advocacy Center- 1300 - Micki Lane
02/26	Online	Ethics		Miss Evers' Boys Due 03-02-2020	
03/04	Seated	Practicing Cultural Humility & Working with Individual Clients	6.7.8		GLO - 0930 – Ashley APO- 1300 – Sophie Reynolds
03/11	Seated	Client Interviews Motivational Interviewing Behavior change, Home visits	9,10,11	Practice Client Interviews Activity Worksheets MI video with follow up activity	Child Protective Services – 0915- Tabitha Aleshire Burrell Mental Health – 1300 – Julie Flippo
03/18	Online	UNIT 2 Module	6-11	DUE DATE – 03-21-2020	
03/25	Seated	Diagnosing Community Healthy Eating /Active Living	17	Activity Worksheets Case Studies/group work	Ozarks Food Harvest- 0930 – Jordan Bell OACAC– 1045 – Lindsey Dumas-Bell
04/01	Seated	Chronic Disease Management	16	Hypertension/Diabetes Module Mental Health Module 1	Harmony House – 0930 Rachel Carter Legal Aid – 1100 Sharon Alexander
04/08	Online	Stress Management and self-care Conflict Resolution Re-Entry from penal system Trauma /Recovery UNIT 3	12,13,15,18	DUE DATE – 04-10-2020	

04/15	Seated	Mental Health Module 1 (cont) Mental Health Module 2		Activity Worksheets	
04/22	Online	Health Outreach. Community Training. Group facilitation. Advocacy UNIT 4	19,20,21,	DUE DATE 04-24-2020	
04/29	Seated	Continued		Teaching Module due – Excel, pre/post, teaching overview	David Stoecker – Better Life in Recovery
05/06	Seated	Mental Health Module #3 Mental Health Module #4		PRAPARE, ACE	
05/13	Online	This and that	22,23		
05/20	Seated	Final Project Presentation		Turn in time logs	

Health Specific Modules					
Mental Health Module 16 hours needed total					
MH.1	Human Development	-		Knowledge Base	
MH.2	What is Mental Illness?	-		Knowledge Base	
MH.3	Treatment of Mental Illness	-		Knowledge Base	
MH.4	Understanding Substance Abuse	-		Knowledge Base	
Hypertension Module					
HY.1		-		Knowledge Base	
HY.2		-		Knowledge Base	