

KANSAS COMMUNITY HEALTH WORKER COALITION

CONTENTS IN THIS ISSUE

SPOTLIGHT - 01

IN THE NEWS - 02

UPCOMING EVENTS - 03

COMMITTEE UPDATES - 04



SPOTLIGHT: KELLY NIGHTENGALE, CHW COORDINATOR EARLY DETECTION WORKS

Early Detection Works (EDW) is the breast and cervical cancer screening program for qualifying uninsured individuals in the state of Kansas. EDW provides free mammograms, Pap tests and the follow-up tests in efforts to find breast or cervical cancer in the earliest possible stages, when treatment is most effective. Services are provided through a network of contracted health care providers.

Community Health Workers (CHWs) have played a valuable role with the EDW program. Women's health ministries, grassroots health coordinators and Promotoras are among many of the trusted leaders who have built bridges to EDW from the community. An ongoing strategy with Shawnee County Corrections illustrates a recent partnership between EDW and CHWs. EDWs and CHWs shares breast and cervical education with women in short-term incarceration. EDW enrolls qualifying women for free screening, and CHWs from a local provider are there as a direct link to care.

EDW also contracts with the Wyandotte County Health Department to deliver an African American-specific breast cancer Patient Navigation program. This is a model of patient-centered support similar to the CHW model. The Patient Navigator is a peer community worker who is a part of the healthcare team. She enrolls qualifying patients to EDW for free breast cancer testing to eliminate cost as a barrier to services. Getting screening for breast cancer can involve several appointments with different health systems. The navigator's one-on-one peer navigation is the universal connector across different locations of care on the path to diagnosis. The navigator supports patients in overcoming community barriers to health systems, as patients fortify their own self-navigation skills.

More about this evidence-based model of patient navigation model can be found at: "**The History and Principles of Patient Navigation,**" **Harold P. Freeman, M.D. and Rian L. Rodriguez, MPH, July 20, 2011.** Kelly Nightengale is the Community Health Worker Coordinator for Early Detection Works, and can be reached at 785-368-7058 or kelly.nightengale@ks.gov.



UPCOMING EVENTS

Community Health Promotion Summit: Belonging in a Healthy Kansas

Join the Kansas Department of Health and Environment at the annual Community Health Promotion Summit at the Drury Plaza Hotel in Wichita, KS. There is a limited block of hotel rooms and free parking available with code 2372696 when booking. You can attend both days or just one. If you and/or a partner would like to attend, [find more information, the agenda, and registration here!](#) The schedule is as follows:

January 30: General Session (\$50)

featuring a networking breakfast, a keynote from KDHE Secretary Norman, spotlights, breakout sessions & early evening reception.

January 31: Workshop Session (\$25)

featuring networking breakfast & workshops



Community Health Promotion Summit:
Belonging in a Healthy Kansas
January 29-31, 2020
Drury Plaza Hotel, Wichita, KS

Free Webinar Series: Health Disparities and CHWs' Resources

The American Diabetes Association is offering a *free* webinar series about health disparities and community health workers! There are three webinars in the series. While the first one took place Dec. 11, the next two will be useful for CHWs.

Webinar 2

Diabetes 101: Resources for CHWs
February 2020

Webinar 3

What Health Care Professionals Need to Know
about Addressing Diabetes & Food Security:
Resources for Communities in Need
March 2020

[Click here](#) to get more information, find dates soon, and register!



IN THE NEWS

Billion Steps Challenge and Self-Care

The American Public Health Association is excited to kick off another year of the Billion Steps Challenge! The goal is to take 1 billion steps between January 1 and April 12 - which is the end of National Public Health Week! Use the Walker Tracker app to connect and engage in the challenge - the app even converts ADA-recommended activities into steps so all people can participate.

Start a team with your colleagues, family, and community *or* join one of APHA's teams! To learn more about the challenge and to join, [click here!](#)

Walking and exercise not only have great physical benefits, but mental ones as well. As a new year starts, this challenge is an example of something we can add to our routine to promote self-care. Self-care is vital to prevent compassion fatigue and burnout in the workplace. [Check out this resource](#) for more ways to assess when you are feeling burnt out and methods to combat it.

Check out this [comic](#) about different types of self-care too! It is an eye opening way to view self-care personally and in our community!



New Diabetes Resources Now Available

Navigating the complexity of a diabetes diagnosis and treatment options can be difficult. The Office of Minority Health recently released two new resources (that compliment their [Chronic Care Management Resources](#)) to help patients and patient advocates overcome the challenges diabetes treatment can present. Click below to access these new resources!

Diabetes Medication Management: Directory of Provider Resources

A directory to facilitate diabetes treatment for primary care teams, particularly providers working with Medicare beneficiaries, and vulnerable populations who experience a higher prevalence of type 2 diabetes and its complications.

Culturally and Linguistically Tailored Type 2 Diabetes Resources Inventory

This guide features a catalog of diabetes prevention resources tailored to various audiences - including racial and ethnic minorities, LGBTQ communities, people with disabilities, and people with limited English proficiency.

TELL YOUR STORY

We are collecting Community Health Worker success stories and want to know yours. Please take a moments to share so that we can raise awareness of CHWs in Kansas.

[Click here to share your story!](#)



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COMMITTEE UPDATES

The **Advocacy Committee** discussed plans for developing a Coalition response to the meeting with Secretary Norman from KDHE. A presentation was given to the KDHE's Community Health Access section's monthly webinar highlighting programs in rural KS to connect local providers and communities to useful resources and tools. Their next meeting is **Tuesday, January 14 at 11:00 am.**

The **Education Committee** introduced new co-chairs, Barbara Wiman and Kim Downes. They then held a continued discussion CHW certification. They also reviewed an upcoming MARC and CHW Education pilot project. Their next meeting is **Tuesday, January 21 at 3:00 pm.**

The **Executive Committee** walked through the next steps of strategic planning for the coalition using strategies that were selected via poll prior to the meeting. The committee covered the following strategies: advocacy, relationship building, workforce development, and coalition sustainability. They identified first steps and proposed timeline for completion of the strategies. They plan to continue the process at future meetings.

Their next meeting is
Wednesday, January 8 at 1:00 PM

The **Sustainability Committee** decided to not to meet in December due to the holidays.

Their next meeting is
Tuesday, January 28 at 2:00 PM.

The **Symposium Committee** is has chosen the theme for the CHW Symposium on June 11, 2020 - *Kansas CHWs: Building Resilience Through Training & Resources*. The committee discussed and/or identified action steps related to purpose and goals, worked on developing an agenda and structure for the day, identified stakeholders to invite, and methods of recruitment and promotion. Their next meeting is **Monday, January 20 at 10:00 AM.**

Want to review the notes? [Click here](#) to find all of the documents you need!



@kschwcoalition